



14900 Bogle Drive, Suite 200 • Chantilly, VA 20151-1652 • 703-817-9890 • FAX 703-817-9860 • www.fcsva.org

FAMILY SAFETY CONTRACT

This contract is designed to keep everyone safe in this family. All the children (youth) in this family have signed this agreement. It lists the rules for living together safely in this family for respecting the rights of others, and for ensuring the personal safety of everyone. Your signature on the bottom acknowledges that these rules have been discussed with you, that you understand these rules, that you will follow them, and that you will help other children in this family to follow these rules.

1. I understand that before I go into another person's bedroom, I must get permission first.
2. I understand that if no one is home to give me permission, I am not to go into another person's bedroom.
3. I understand that I am to leave my bedroom door open unless I am in the room by myself. When I have other people in my room or when I am in someone else's room, I am to leave the door open.
4. I understand that my Foster-Adopt parent(s) will never talk to me in my bedroom with the door closed.
5. I understand that undressing is allowed only in my bedroom and in the bathroom with the door closed.
6. I understand that I am to be fully dressed when out in the main areas of the house.
7. I understand that there is to be only one person in the bathroom at a time. My foster parents can assist the little children with bathroom chores.
8. I understand that everyone sleeps in his or her own bed.
9. I understand that I cannot sleep in the same bedroom or bed with my Foster-Adopt parents. (Children 0-1 may sleep in the bedroom with foster parents.)
10. I understand that if I am six years of age or older, I will not share a bedroom with a person of the opposite sex.
11. I understand there is to be no sexual contact or sexual touching between children in this family. The only individuals who have sex together in this home are Mom and Dad and always with the door closed.
12. I understand there is to be no inappropriate touching between children in this family, i.e., no tickling, touching private parts, or playing doctor or nurse and back rubs, foot tickling, wrestling, "horse play", etc. will not be permitted.
13. I understand that I am not to talk about body parts, sex, or potty talk. If I wonder what I can say and not say, I am to ask my foster parents about what is ok or not ok to talk about.
14. I understand that I will not have access to or bring into the home any inappropriate materials (books, pictures, magazines, videos, Internet access, clothes with sexually explicit scenes, drugs or language etc.)
15. I understand that I should not touch my private parts in front of other people.
16. I will tell an adult if anyone touches me in a way that makes me feel uncomfortable and I will continue to tell until someone believes me.



14900 Bogle Drive, Suite 200 • Chantilly, VA 20151-1652 • 703-817-9890 • FAX 703-817-9860 • www.fcsva.org

17. I will obey these rules of privacy, e.g. no touching of another's private parts, purses, notebook, private notes, diaries, no opening another's mail, etc.

18. Following are the ways that _____ can touch me in a way that I will feel safe: (name(s) of caretaker(s))

19. I understand that any plans for me to baby-sit in or outside the home must be discussed with and approved by the caseworker.

20. I understand that I am responsible for obeying these rules.

21. I understand that I am responsible if I break these rules.

22. I understand the above mentioned rules clearly.

Name of Caretaker

Date

Name of Caretaker

Date

Name of Child

Date

Name of Child

Date

Name of Child

Date

Name of Child

Date

Name of Child

Date