



# Annual Report 2016

“TIME SPENT WITH FAMILY IS  
WORTH EVERY SECOND.”



**Inside this issue:**

Message from the CEO **2**

Agency Identity **2**

Programs **3**

Risk Management Summary **12**

Financial Highlights **14**

January 1, 2016 - December 31, 2016





## Message from the CEO

For Children’s Sake of Virginia has consistently adhered to our core mission values and goals. We have provided nurturing homes for our children and have accomplished many of our milestones. A key milestone was ensuring our agency is fully capitalized and financially solid. We accomplished this while ensuring all our programs are not only effective, but also well utilized by our neighboring communities in the Northern Virginia area.

We have expanded our Intensive Home Based (IHB) and Intensive Care Coordination (ICC) services; we have developed and adopted additional training for our foster parents; we have cross-trained many of our staff between programs; and we have hired additional local staff to meet our growing needs. Our requests from the communities for youth groups in area housing developments/youth centers are growing and this has resulted in still another way our agency serves our area communities. Our goal over this next year is to continue developing, enhancing, and expanding our programs as well as actively and aggressively seeking new programs and new partners that could either add to the programs we have or identify and develop new programs to still better serve our communities. Fortunately, as we move forward, we do so knowing that our programs are safe, financially viable and staffed appropriately. We work to ensure our programs effectively serve our foster families, our contracting agencies and our neighboring communities in the Northern Virginia area.

All of us at For Children’s Sake want to say a huge thank you to our foster parents for all their hard work and loving support of our children. Our foster parents are the backbone of our agency and every one of them truly make a difference in the lives of Virginia’s children. We are grateful for our foster parents unwavering support of our staff, our agency, and most importantly, our children.

All of us know that without the support of our community partners, our job at For Children’s Sake of Virginia would be almost impossible. We thank you for your support, your donations, and your financial gifts. You make a difference for our children; you make a difference for their families, and you make a big difference for our communities.

*Deborah K. Evans*  
CEO  
For Children’s Sake of Virginia



*“Parenthood requires love, not DNA.”*





## ABOUT OUR SERVICES AND PROGRAMS

### ***Staff Composition***

For Children's Sake of Virginia is comprised of a diverse and highly qualified team of dedicated professionals.

### ***Therapeutic Foster Care***

For Children's Sake of Virginia's Therapeutic Foster Care Program (TFC) utilizes experienced case managers and dedicated foster families to provide safe and nurturing homes for children in need. Additionally, the foster care side of FCSVA extends its services to include Referred Respite, Entrustments, and Adoption services.

### ***Community Based Services***

The Community Based Services Program of FCSVA is comprised of Qualified Mental Health Professionals who provide services to youth in order to address any problems in school, the community and the home. Supervised Visitation is comprised of Master's Level staff who are trained in Parenting with Love and Logic, 123 Magic and CPR/First Aid certified. The Supervised Visitation program provides supervision during visits between youth and their family in order to assist with reunification or adhere to a court order. The Mentor program is comprised of qualified and dedicated staff members who seek to be a positive role model and influence in the life of a child in need.

### ***Outpatient Services***

The Outpatient Program at For Children's Sake of Virginia is designed to provide therapeutic interventions to adults, children, and families experiencing difficult life situations. FCSVA currently employs part-time therapists who are licensed in the Commonwealth of Virginia and four full-time staff who provide therapy under clinical supervision of a Licensed Clinician.

### ***Adult Mental Health Support Services***

The Adult Program at For Children's Sake of Virginia's goal is to provide aging support services as well as mental health and behavioral in-home support services to individuals and their families. These services are designed to develop the necessary skills/supports to lead independent, healthy lives as well as preserve the family unit.

### ***Intensive Care Coordination***

For Children's Sake of Virginia provides a framework for the process of identifying, coordinating and evaluating the services necessary for a family to meet their care and outcome goals. The staff at FCSVA work with the family to craft an effective family oriented plan that can match the family with services, offer support as services are realized and assist the family in service assessment or in changing services as necessary.





# Who We Are

For Children’s Sake of Virginia (FCSVA) is a private non-profit corporation founded in 1997. FCSVA provides an array of services to children, adults and families in the community, including therapeutic foster care, adoption support services, community based services, adult mental health support, and outpatient therapy.

### Mission

FCSVA is dedicated to promoting positive environments for children and families that develop trust, stability and independence.

### Vision

A nurturing home environment for every child.

### Values

**Integrity:** Performance that is consistent with the highest standards of moral and ethical principles.

**Stewardship:** Responsible stewardship as key to accomplishing our mission and goals.

**Competence:** Excellence in all phases of our work, meeting professional standards of competency and working in compliance with federal and state laws.

**Respect:** Developing mutually respectful relationships at every level of our work through meaningful, effective communication while genuinely caring for each individual.

**Excellence:** The highest standards of excellence, professionalism and accountability are expected of all staff, foster families and volunteers.



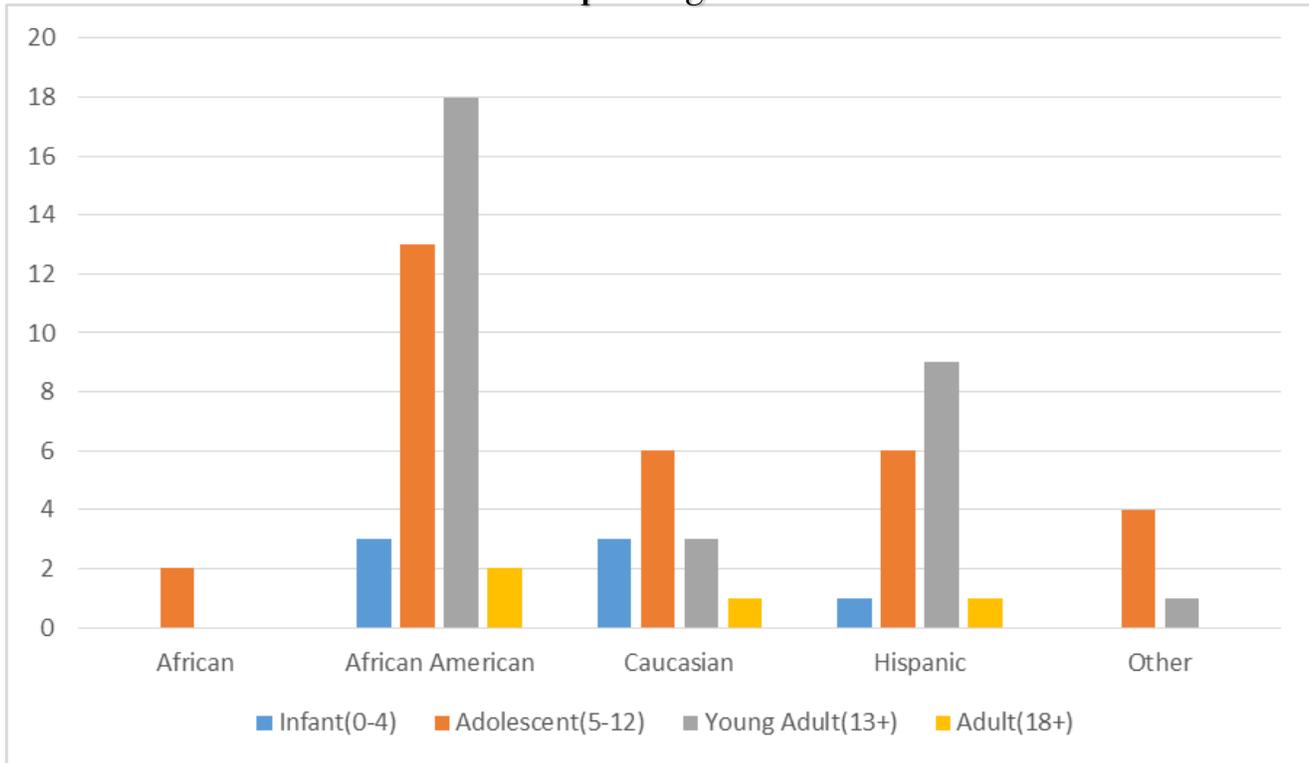
*“When little people are overcome by big emotions is it our job to share our calm,*





## Therapeutic Foster Care and Respite

### TFC and Respite Ages and Ethnicities



The Therapeutic Foster Care and Referred Respite Programs offer foster care and respite services to youth from birth up to 18 years of age.

In 2016, the TFC program was able to provide strong and nurturing homes to 73 TFC and respite clients.

FCSVA discharged a total of 42 clients from TFC or respite. Of clients discharged, 64% were either reunited with their biological family or entered into adoptive placements.

At the end of 2016 FCSVA had 31 TFC youth in care.

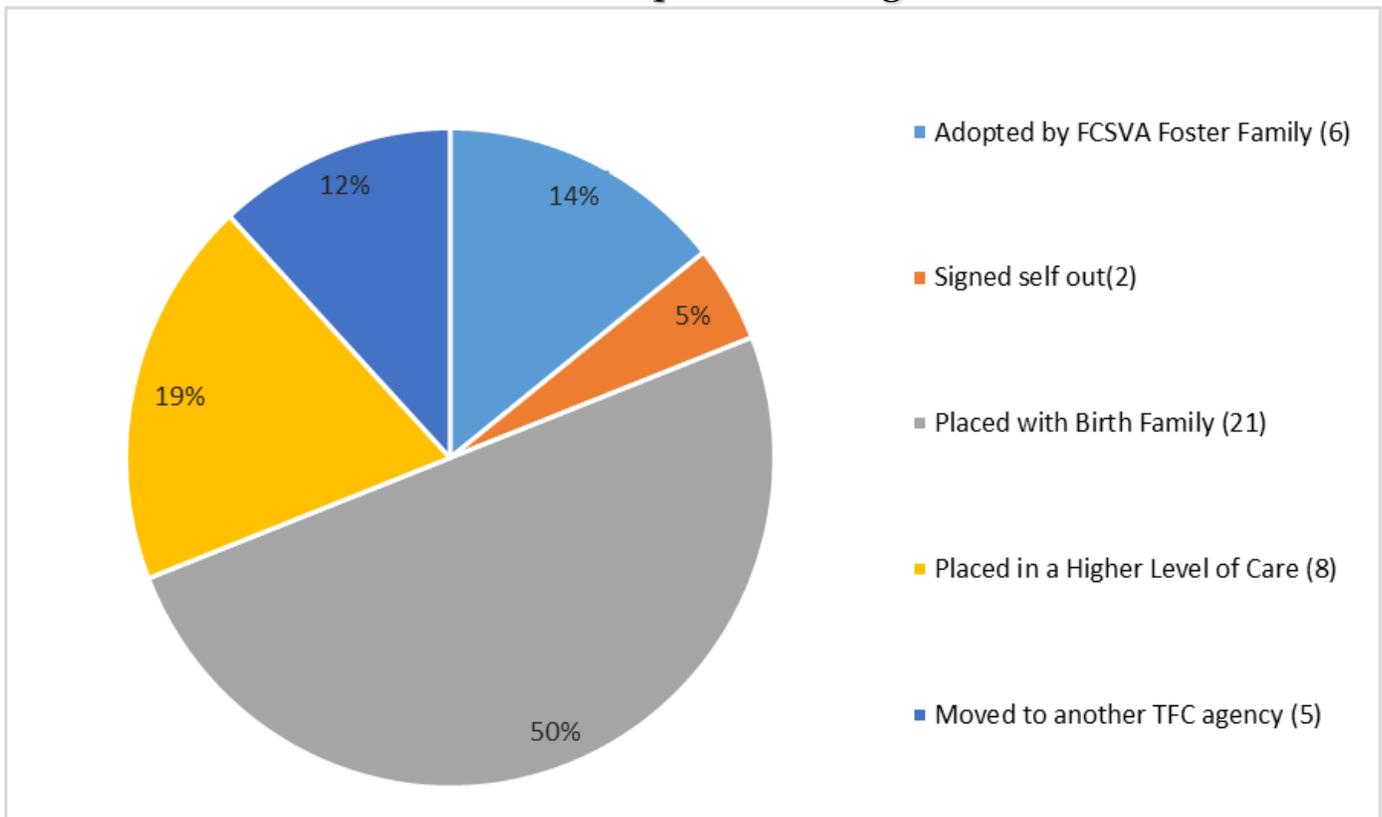




## Referred Respite

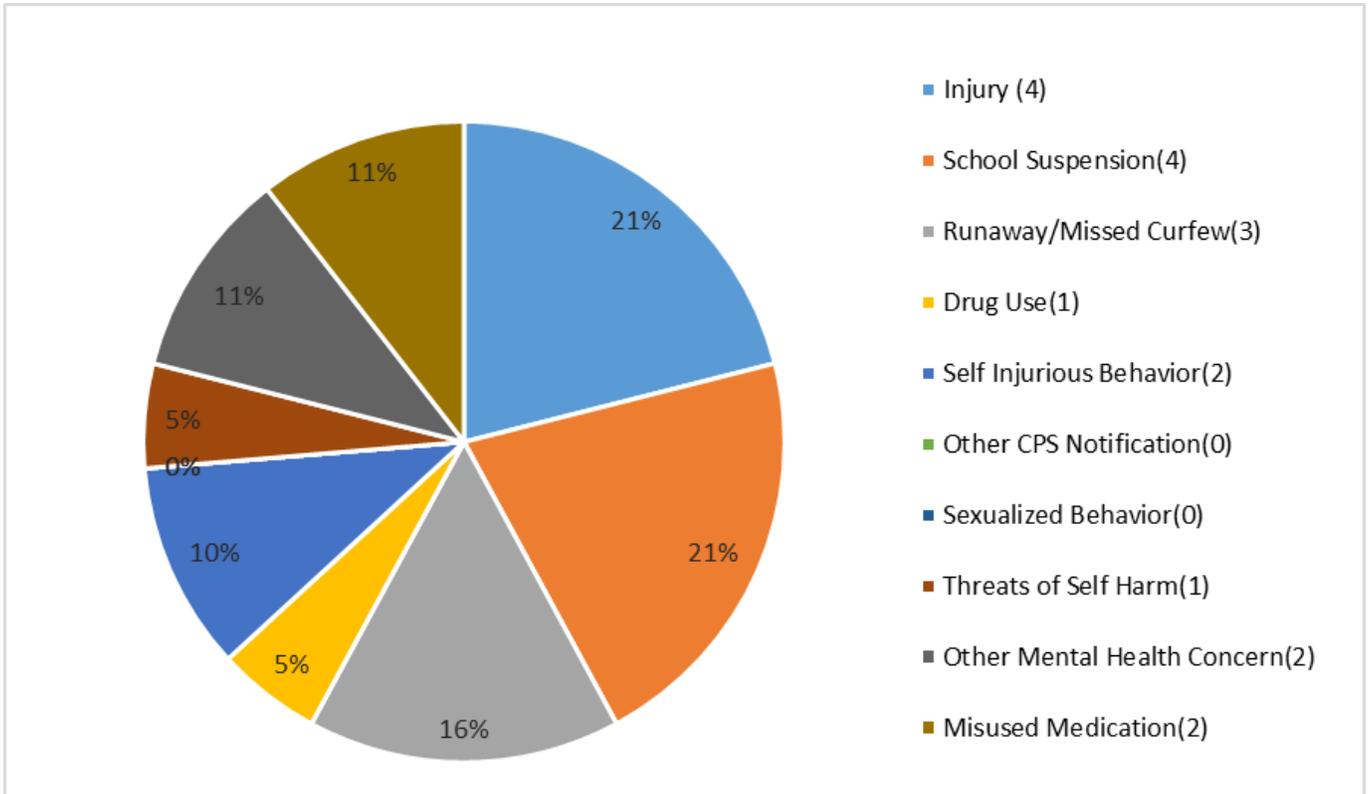
In 2016, For Children’s Sake of Virginia provided Referred Respite services to a total of nine individuals. The nine respite placements were referred from City of Alexandria, Fairfax County and Arlington County. Of these nine, eight went back to birth family and one placed with a For Children’s Sake of Virginia pre-adoptive family. In 2015 For Children’s Sake of Virginia provided Referred Respite services to a total of three individuals. In 2016 there was an increase in the number of total Referred Respite cases because FCSVA is one of the few agencies who provides this service.

## TFC and Respite Discharges





## Incidents in TFC Program



In 2016, the TFC program documented 19 incidents. Of the incidents, zero required Child Protective Services (CPS) notification.

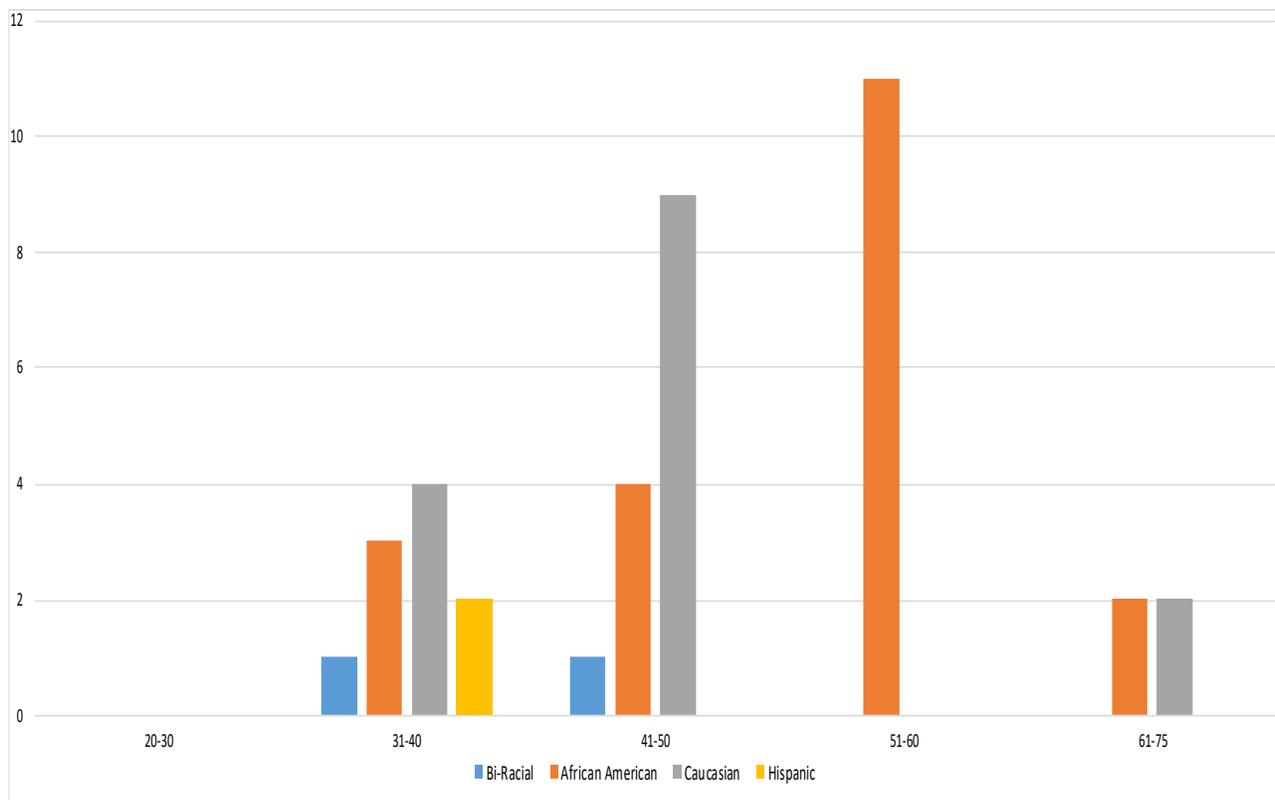




## FCSVA Foster Family Highlights

- FCSVA had a total of 28 active foster families in 2016, consisting of 39 foster parents.
- Out of the active 28 foster homes, 24 had placements in 2016.

### Foster Parent Ages and Ethnicities

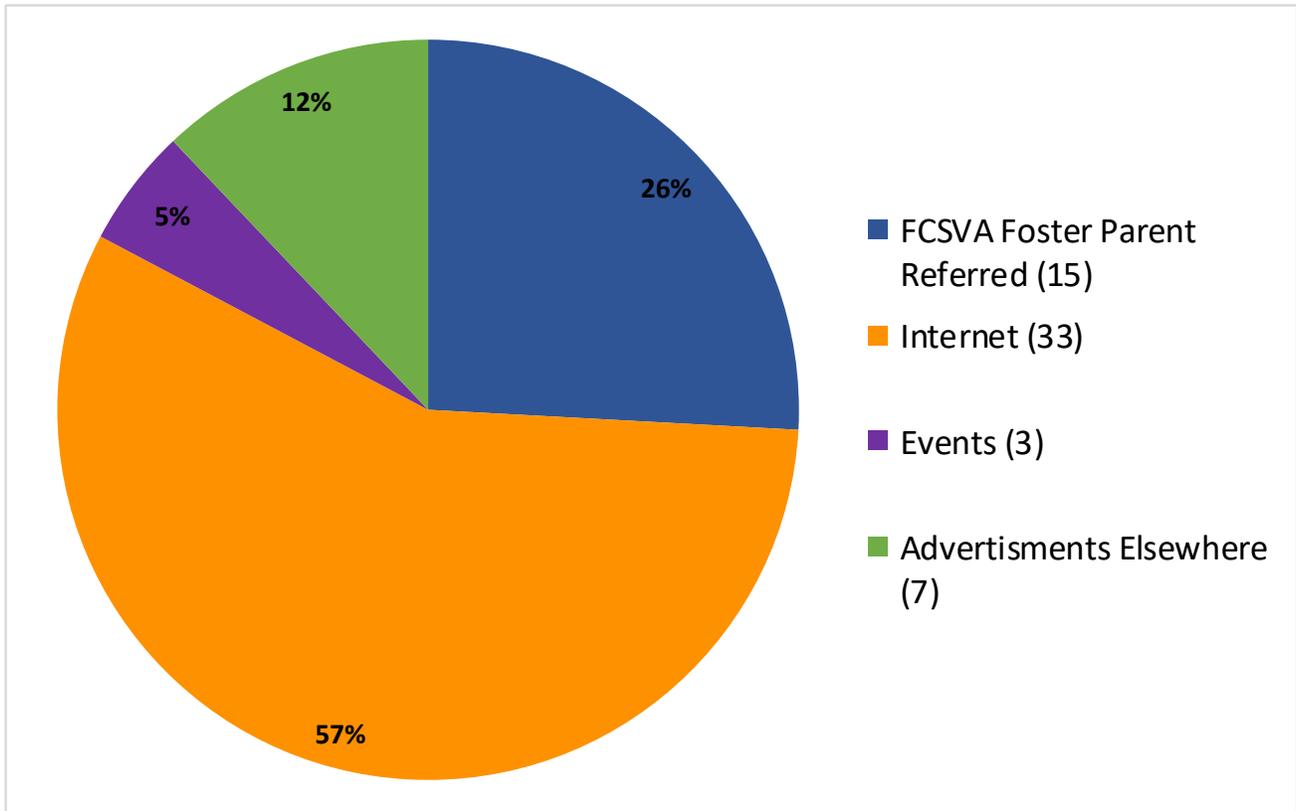


In 2016 the ages and ethnicities of For Children's Sake of Virginia's Foster Parents varied. The average age for foster parents was 45 years old with the majority of Foster Parents being African American.





## Foster Parent Inquiries



In 2016 the majority of For Children’s Sake of Virginia’s inquiries for Foster Parents came through the internet via social media, FCSVA’s website and Gmail. Many of FCSVA’s Foster Parent’s recommended FCSVA to their friends and family and many inquiries came via word of mouth.



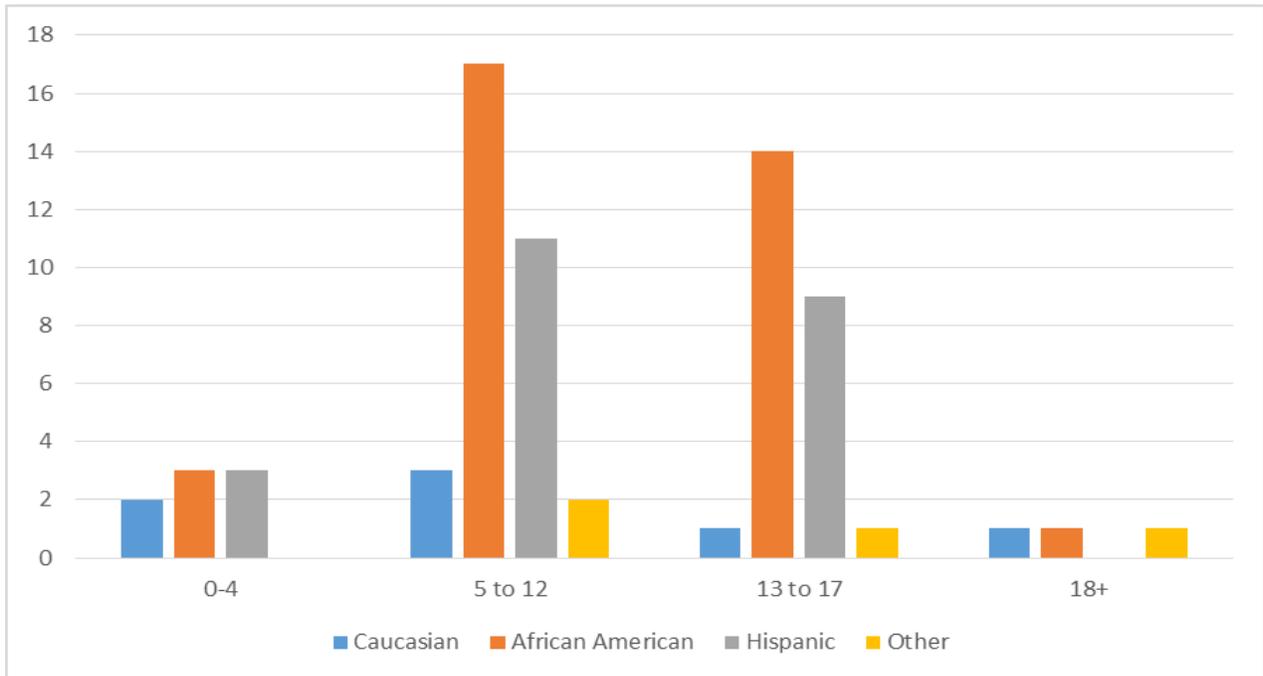


# Community Based Services

FCSVA’s Community Based Services exist to strengthen families to preserve the placement of children with their family and facilitate a child’s return from foster care, residential treatment, group home or psychiatric hospitalization.

Community Based Services include Intensive In-home, Adult Mental Health Support, Supervised Visitation, Intensive Care Coordination, Outpatient Therapy, and Mentoring. During the 2016 year, For Children’s Sake of Virginia served a total number of 69 Community Based clients and families.

## Varying Community Based Services



### Intensive In-Home

In 2016, For Children’s Sake served 23 clients, all between the ages of 6 and 17. Intensive In-Home utilizes Master’s Level Counselors with expertise in parenting, education and support, to provide 5-12 hours per week of in-home services to assist with managing a child’s difficult behaviors. The counselors work extensively with both the parents and the children to gain stability and achieve family goals.





### **Outpatient Therapy**

Therapeutic services address issues regarding Anger Management, Eating Disorders, Sexual Identity, Family Issues, Depression, Anxiety, Grief and Loss, Oppositional Defiance, Post Traumatic Stress, Trauma Based Disorders, Attention Deficit Disorders, as well as family trauma. FCSVA's one licensed therapist is happy to be able to assist 24 clients. Our therapist provides services to individuals, couples, children,

### **Mentoring**

The Mentor Program at FCSVA provides youth with a positive role model and extra support in order to improve the youth's ability to interact with others. Services provided by mentors at For Children's Sake include: Education, Training, Conflict Resolution, Career Planning, Behavior Modification, Independent Living Skills and Social/Recreational Activities. The Mentoring program at For Children's Sake served a total of three clients in 2016 (three males and one female) and had three discharges during the calendar year.

### **Supervised Visitation**

The Supervised Visitation component of FCSVA began in 2009 and now has a strong presence in the surrounding community. In 2016, the Supervised Visitation program at For Children's Sake served a total of 19 clients in





## Foster Parent Highlight

For our spotlight FCSVA has proudly chosen to feature Ms. Maria Buie. Ms. Buie is a biological parent to two grown men, Paul (35) and Mohammad (32) and decided years ago that she still had plenty of love to share. Having been with FCSVA for many years, Ms. Buie has cared for children of many different backgrounds and ages, including but not limited to teenage girls, sibling groups, toddlers and more! As time moves on, children in her care have moved to different families or aged out of the foster care system. Ms. Buie still keeps in contact with her former foster children, Ms. Buie, her biological children, former foster children, and current foster children have created lasting bonds and formed a large blended family.



Ms. Buie has three children whom she is fostering and in the process of adopting, two girls and one boy. Ms. Buie initially learned of foster care through another foster parent who lived in her old neighborhood. She used to see this neighbor walking with her foster children around the neighborhood and Ms. Buie struck up a conversation about the agency her neighbor worked with and why she chose to foster. Through this interaction, Ms. Buie realized the large number of kids who are in need of care and a roof over their head. Ms. Buie decided she was willing to accept those who need therapeutic care and she chose to become a foster parent with For Children's Sake of Virginia.

Ms. Buie is a grandmother to two and invites her grandchildren to interact with her foster children in care. She says that she loves to expose her grandchildren to people with varied background, need and interests so they know and realize that everyone is different. Ms. Buie wants to ensure that her foster children and her grandchildren develop good habits for their future by realizing the importance of appreciating what you have. There will always be kids who need to be loved and nourished and, because of awesome foster parents like Ms. Buie, we are able to provide them with safety, mentorship, and most importantly, love.

**Thank you for all you do, Ms. Buie! We appreciate your patience and dedication to our children in care and FCSVA.**





## Risk Management Summary

For Children’s Sake of Virginia is licensed by the Virginia Department of Social Services as a child-placing agency providing therapeutic foster care and adoption after care services. FCSVA is also licensed by the Department of Behavioral Health and Developmental Services (DBHDS) as Community Based Services provider for Intensive In-Home and Adult Mental Health Support Services.

### **Adult Mental Health Support Services:**

In March 2013, FCSVA was licensed to provide Mental Health Support Services to adults in the community. FCSVA provides information to community agencies and offers client access to this valuable service.

**Training:** Staff participated in High Fidelity Wraparound training hosted by the State Office of Comprehensive Services for certification in Intensive Care Coordination. This service works with a client individually and their family to meet their goals and keep clients from entering institutional or out-of-home care. In July 2015, we started to offer this service to the community. Six staff members have been fully trained to offer Intensive Care Coordination Services.

Two external reviews were conducted in 2016 by the Department of Social Services. The first unannounced audit noted seven citations for violations of the Standards for Licensed Child Placing Agencies. Of these, seven were key health and safety violations.

The second unannounced audit noted one citation for violations of the Standards for Child Placing Agencies, a key health and safety violation. All citations were reviewed and corrected either onsite or in a timely manner.





## Risk Management Summary

In 2016, the DBHDS also conducted an unannounced audit for our Community Based Programs which noted one citation. This violation was corrected onsite or in a timely manner.

During 2016, there were no client or foster parent grievances. There were no breaches in access to the database or any disclosure of Confidential client information occurred during this reporting period.

FCSVA utilizes both the Chantilly and Woodbridge, VA locations to conduct meetings, foster parent and teen groups, treatment team meetings, family supervision support, training and outpatient therapy sessions.

For Children's Sake of Virginia is a part of the United Way Campaign in Virginia and has continued to benefit from this membership. (United Way of the National Capital Area #8457 and a member of the Combined Federal Campaign #29582.) The agency retains the legal services of C. Douglas Welty as it's registered agent and utilizes the services of Ballard and Serio for financial audit needs.





## Community Support Partners

### THANK YOU SO MUCH TO OUR FABULOUS DONORS:

- ◆ Together We Rise
- ◆ Arbonne Charitable Foundation
- ◆ World Bank Comm Connections Fund
- ◆ Melissa & Jeremy Holmes
  - ◆ Kohls, Inc.
  - ◆ Eventbrite
  - ◆ Meagan Donahue
  - ◆ Equinix



To Donate:  
Please view our website at [WWW.FCSVA.ORG](http://WWW.FCSVA.ORG)  
or  
Contact us at:  
For Children's Sake of Virginia 14900 Bogle Drive, Suite 200 Chantilly, VA 20136  
(703)-817-9890  
We welcome your donations and support and are always looking for dedicated mentors and foster parents.  
Thank you!





## Financial Highlights

Funding Diversification: FCSVA has current contracts with jurisdictions that stretch as far as King George to Fairfax County.

Funding streams flow from county contracts, Medicaid, private insurance companies, private pay clients as well as financial and in-kind donations from the community. Additionally, FCSVA continues to expand services which allows the agency to bill under various private panel insurance companies.

